



ITCON INC.

What Every Healthcare Practice Owner Must Know About Protecting and Preserving Their Company's Critical Data and Computer Systems

If You Depend On Your Computer Network To Run Your Business, This Is One Report You DON'T Want To Overlook!

This report will outline in plain, non-technical English common mistakes that many small business owners make with their computer network that cost them thousands in lost sales, productivity, and computer repair bills, as well as providing an easy, proven way to reduce or completely eliminate the financial expense and frustration of these oversights.

READ THIS GUIDE AND YOU'LL DISCOVER:

The single most expensive mistake most small business owners make when it comes to protecting their company data.

The universal misconception business owners have about their computer networks, and how it can end up costing between \$9,000 to as much as \$60,000 in damages.

6 Critical security measures every small business should have in place.

How to greatly reduce – or even completely eliminate – frustrating crashes, slow performance, and other annoying computer problems.

How to avoid expensive computer repair bills and get all the computer support you need for a low, fixed monthly rate.

From the Desk of...

From The Desk of:

Leah Freiman, CEO

ItCon. Inc

Call Me Direct: 845.738.1661

Dear Colleague,

Have you ever lost an hour of work on your computer?

Now imagine if you lost days or weeks of work – or imagine losing your client database, financial records, and all of the work files your company has ever produced or compiled.

Imagine what would happen if your network went down for days, where you couldn't access e-mail or the information on your PC. How frustrating would that be?

Or, what if a major storm, flood, or fire destroyed your office and all of your files? Or if a virus wiped out your server...do you have an emergency recovery plan in place that you feel confident in?

How quickly do you think you could recover, if at all?

Many small business owners tend to ignore or forget about taking steps to secure their company's network from these types of catastrophes until disaster strikes. By then it's too late and the damage is done.

Why Healthcare Practice Are Especially Vulnerable To These Disasters

With the constant changes to technology and the daily development of new threats, it takes a highly-trained technician to maintain even a simple 3 to 5 person network; however, the cost of hiring a full-time, experienced technician is just not feasible for most small business owners.

In an attempt to save money, most try to do their own in-house IT support and designate the person with the most technical expertise as the part-time IT manager. This never works out because this makeshift IT person has another full-time job to do and is usually not skilled enough to properly support an entire computer network anyway.

This inevitably results in a network that is ill-maintained and unstable. It also means that the backups, virus updates, and security patches are not getting timely updates, giving a false sense of security.

It's only a matter of time before the network crashes. If you're lucky, it will only cost you a little downtime; but there's always a chance you could end up like one of these companies:

Auto Body Shop Shells Out \$20,000 To Clean Up A Virus

A local auto body shop with multiple locations discovered the importance of preventative maintenance the hard way. Without warning, a virus was downloaded to their server and started replicating and attaching itself to files. This virus corrupted their data, impaired their customer management system, and immediately brought down their Exchange server (no e-mail could come in or go out).

Preventing this disaster would have only cost them 1/25th of the cost (\$800 per month) AND they would have experienced better performance and fewer problems with their network. Instead, they were forced to spend a whopping \$20,000 to remove the virus and restore their network. Even then, this huge enormous fee only got them back up and running; their systems were still not optimized, secured, and updated, as they should have been.

Two Failed Hard Drives Cost Health Products Company \$40,000 and 9 Days of Downtime

The back office of a health products company had two hard drives fail at the same time, causing them to lose a large number of critical customer files.

When they contacted us to recover the data from the system backups, we found the backups weren't functioning properly. Even though they appeared to be backing up all of this company's data, they were in fact worthless. In the end, recovering the data off of these failed drives took a team of disaster recovery specialists 9 days and \$15,000. In addition to the recovery costs, they also incurred \$25,000 in other

Costly Disasters

services to get their network stabilized.

Had they been properly monitoring their network, they would have been able to see that these hard drives were failing and that the backups were not performing properly. This would have prevented the crash, the downtime, and the \$40,000 in costs to get them back up and running, not to mention the 9 days of lost productivity while their network was down.

Property Management Company Spends \$9,000 And Weeks Of Downtime For A Simple Inexpensive Repair

A 10-user property management company was not monitoring or maintaining their server. Due to the overuse and lack of maintenance, it started to degenerate and eventually shut down under the load. This caused their entire network to be down for two full days and cost them \$3,000 in support fees to get them back up and running. Naturally the costs were much higher when you factored in the lost productivity of their ten employees during that time.

This client did not want to implement a preventative maintenance program so the same problem happened again two months later, costing them another \$3,000 and two days of downtime.

Six months later it happened yet another time bringing their total to \$9,000 in hard costs plus tens of thousands in productivity costs for a problem that could have quickly been detected and prevented from happening.

Six Things You Must Do At A Minimum To Protect Your Company From These Types Of Disasters:

While it's impossible to plan for every potential computer problem or emergency, a little proactive monitoring and maintenance of your network will help you avoid or greatly reduce the impact of the vast majority of computer disasters you could experience.

Unfortunately, I have found that most small business owners are NOT conducting any type of proactive monitoring or maintaining their network, which leaves them completely vulnerable to the types of disasters you just read about. This is primarily for three reasons:

1. They don't understand the importance of regular maintenance.
2. Even if they DID understand its importance, they simply do not know what maintenance is required or how to do it.
3. They are already swamped with more immediate day-to-day fires demanding their attention. If their network is working fine today, it goes to the bottom of the pile of things to worry about. That means no one is watching to make sure the back-ups are working properly, the virus protection is up-to-date, that critical security patches are being applied, or that the network is "healthy" overall.

While there are over 50 critical checks and maintenance tasks that need to be performed on a daily, weekly, and monthly basis, I'm going to share with you the 6 that are most important for protecting your company.

Step#1: Make Sure You Are Backing Up Your Files Every Day

It just amazes me how many businesses never back up their computer network. Imagine this: you write the most important piece of information you could ever write on a chalkboard and I come along and erase it. How are you going to get it back? You're not. Unless you can remember it, or if YOU MADE A COPY

OF IT, you can't recover the data. It's gone. That is why it is so important to back up your network. There are a number of things that could cause you to lose data files. If the information on the disk is important to you, make sure you have more than one copy of it.

Step #2: Check Your Backups On A Regular Basis To Make Sure They Are Working Properly

This is another big mistake I see. Many business owners set up some type of backup system, but then never check to make sure it's working properly. It's not uncommon for a system to APPEAR to be backing up when in reality, it's not. There are dozens of things that can go wrong and cause your backup to become corrupt and useless. That is why it's not

enough to simply back up your system; you have to check it on a regular basis to make sure the data is recoverable in the event of an emergency. Remember the Health Products Company that shelled out \$40,000 to recover data they THOUGHT they backed up? Don't let that happen to you.

6 Things You Must Do

Step #3: Keep An Offsite Copy Of Your Backups

What happens if a fire or flood destroys your server AND the backup tapes or drive? This is how hurricane Katrina devastated many businesses that have now been forced into bankruptcy. What happens if your office gets robbed and

they take EVERYTHING? Having an offsite backup is simply a smart way to make sure you can get your business back up and running in a relatively short period of time.

Step #4: Make Sure Your Virus Protection Is ALWAYS On AND Up-To-Date

You would have to be living under a rock to not know how devastating a virus can be to your network. With virus attacks coming from spam, downloaded data and music files, instant messages, web sites, and e-mails from friends and clients, you cannot afford to be without up-to-date virus protection.

Not only can a virus corrupt your files and bring down your network, but it can also hurt your reputation. If you or one of your employees unknowingly spreads a virus to a customer, or if the virus hijacks your e-mail address book, you're going to make a lot of people very angry.

Step #5: Set Up A Firewall

Small business owners tend to think that because they are "just a small business", no one would waste time trying to hack in to their network, when nothing could be further from the truth. I've conducted experiments where I connected a single computer to the Internet with no firewall. Within hours, over 13 gigabytes of space was taken over by malicious code and files that I could not delete. The simple fact is that there are thousands of unscrupulous individuals out there who think it's fun to disable your computer just because they can.

These individuals strike randomly by searching the Internet for open, unpro-

tected ports. As soon as they find one, they will delete files or download huge files that cannot be deleted, shutting down your hard drive. They can also use your computer as a zombie for storing pirated software or sending spam, which will cause your ISP to shut YOU down and prevent you from accessing the Internet or sending and receiving e-mail.

If the malicious programs can't be deleted, you'll have to re-format the entire hard drive causing you to lose every piece of information you've ever owned UNLESS you were backing up your files properly (see 1 to 3 above).

Step #6: Update Your System With Critical Security Patches As They Become Available

If you do not have the most up-to-date security patches and virus definitions installed on your network, hackers can access your computer through a simple banner ad or through an e-mail attachment.

Not too long ago Microsoft released a security bulletin about three newly discovered vulnerabilities that could allow

an attacker to gain control of your computer by tricking users into downloading and opening a maliciously crafted picture. At the same time, Microsoft released a Windows update to correct the vulnerabilities; but if you didn't have a process to ensure you were applying critical updates as soon as they become available, you were completely vulnerable to this attack.

6 Things You Must Do

Here's another compelling reason to ensure your network stays up-to-date with the latest security patches...

Most hackers do not discover these security loopholes on their own. Instead, they learn about them when Microsoft (or any other software vendor for that matter) announces the vulnerability and issues an update. That is their cue to spring into action and they immediately go to work to analyze the update and craft an exploit (like a virus) that allows them access to any computer or network that has not yet installed the security patch.

In essence, the time between the release of the update and the release of the exploit that targets the underlying vulnerability is getting shorter every day.

When the "nimda" worm was first

discovered back in the fall of 2001, Microsoft had already released the patch that protected against that vulnerability almost a year before (331 days). So network administrators had plenty of time to apply the update. Of course, many still hadn't done so, and the "nimda" worm caused lots of damage. But in the summer of 2003 there were only 25 days between the release of the Microsoft update that would have protected against the "blaster" worm and the detection of the worm itself!

Clearly, someone needs to be paying close attention to your systems to ensure that critical updates are applied as soon as possible. That is why we highly recommend small business owners without a full-time IT staff allow their consultant to monitor and maintain their network.

Announcing A Simple And Easy Way To Ensure These Disasters Don't Happen To Your Health- care Practice:

If you are sitting there thinking, "This all sounds great, but I don't have the time or the staff to handle all of this work," I've got the solution.

Thanks to a service we offer called, "Business Care", we can completely take over the day-to-day management and maintenance of your computer network and free you from expensive, frustrating computer problems, downtime, and security threats. You'll get all the benefits of a highly trained, full-time IT department at only a fraction of the cost.

And here is the best part...

In most cases, we can cut your IT support costs by 30% to 50% WHILE improving the reliability and performance of your network and eliminating spyware, spam, downtime, and other computer frustrations!

The Benefits Are Obvious:

- You'll eliminate expensive repairs and recovery costs. Our network monitoring and maintenance will save you money by preventing expensive network disasters from ever happening in the first place. As a matter of fact, we guarantee it.
- You'll avoid expensive trip fees while receiving faster support. Our remote monitoring software will enable us to access and repair most network problems right from our offices. No more waiting around for an engineer to show up!
- How does faster performance, fewer "glitches", and practically zero downtime sound to you? Under this program, that is exactly what we'll deliver. Some parts of your system will degrade in performance over time, causing them to slow down, hang up, and crash. Our preventative maintenance and network monitoring will make sure your computers stay in tip-top shape for maximum speed, performance, and reliability.
- You will have ALL of the benefits of an in-house IT department WITHOUT all of the costs. As a Managed Network Service Plan customer, you'll have access to a knowledgeable support staff that can be reached immediately should you have any kind of problem or question.

Business Care

- You'll receive substantial discounts on IT services that you are already buying. Most IT firms will nickel and dime you over every little thing they do; under this program, you'll pay one flat, affordable rate and get all of the technical support you need. No hidden charges, caveats, or disclaimers.
- You will never have to fear a big, expensive network repair bill. Instead, you can budget for network support just like rent or insurance.
- You'll sleep easier knowing the "gremlins at the gate" are being watched and kept out of your network.
- You'll safeguard your data. The data on the hard disk is always more important than the hardware that houses it. If you rely on your computer systems for daily operations, it's time to get serious about protecting your critical, irreplaceable electronic information.
- You'll finally put a stop to annoying spam, pop-ups, and spyware taking over your computer and your network.
- You'll gain incredible peace of mind. As a business owner, you already have enough to worry about. We'll make sure everything pertaining to your network security and reliability is handled so you don't have to worry about it.

How Disaster-Proof Is YOUR Network? FREE Security Audit Reveals The Truth

Hopefully this report acted as an eye opener to all small business owners who are not adequately protecting their data and computer network. If you are not doing the 6 steps outlined in this report, your network is an accident waiting to happen and the most important thing for you to do now is take immediate action towards protecting yourself.

One of the biggest, costliest mistakes you can make is to ignore this advice with the false hope that such a disaster could never happen to you.

Because you have taken the time to request and read this report, I would like to offer you a FREE Network Security Audit. Normally I charge \$250 for this service, but as a prospective client, I'd like to give it to you for free as a way of introducing our "Business Care" program to your company.

During this audit I will come on site and...

Pinpoint any exposure to or risk from hackers, viruses, spyware, spam, data loss, power outages, system downtime, and even employee sabotage.

Review your system backups to make sure the data CAN be recovered in case of a disaster. You don't want to discover that your backups were corrupt AFTER a major disaster wiped out your network.

Scan your network for hidden spyware and viruses that hacker's "plant" in your network to steal information, deliver spam, and track your online activities.

Look for hidden problems that cause error messages, slow performance, and network crashes.

Answer any questions you have about your network or keeping it running problem free. I can also give you a second opinion on any projects you are considering.

There Are No Strings Attached, But You Have To Hurry...

As you might have guessed, I cannot extend this offer forever, because time and staff limitations simply won't allow it.

If you want to say goodbye to your computer problems and stop worrying about the security of your data from hardware failures, viruses, hackers, and other threats, then you'll want to sign up right now for this Free Network Security Audit.

FREE Security Audit

How To Secure Your Free Network Security Audit

1. Fill in and fax back the enclosed request form.
2. Call me direct at 845.738.1661
3. Send an e-mail to coach@itconinc.com with the words, "Security Audit" in the subject line. Be sure to include your company name, address, and phone number so I can follow up with you.

Good Networking,

Leah Freiman

Leah Freiman, CEO
Itcon, Inc.
Call Me Direct: 845.738.1661
www.itcininc.com

P.S. Please note that this offer for a **FREE Security Audit won't be around forever.**

While we would love to be able to give these away to everyone, staff and time limitations simply won't allow it. That's why you must respond to this offer by the date stamped on the enclosed fax-back form today.

You have my word that you will not be under any pressure or obligation to buy anything, or to ever use our services again.

“Yes! I Want To Make Sure My Network And Company’s Data Are Safe From Harm”

- ☐ Please sign me up for a FREE Security Audit so I can make sure I am doing everything possible to secure my network. I understand that I am under no obligation to do or to buy anything by requesting this audit. I further understand that these audits are being made available on a first-come, first-served basis.

Please Complete And Email Back:

Name: _____

Title: _____

Company: _____

Address: _____

City: _____ ST: _____ Zip: _____

Phone: _____ Fax: _____

E-mail: _____

Number of PCs: _____

Operating System: _____

Email To: Coach@itconinc.com

Call Me Direct At: 845.738.1661

See What Other Business Owners Are Saying



they're not just a provider they are part of our team!

ItCon set up a functioning worry-free co-managed IT department for us. They are on top of EVERYTHING be it technical, security, personal relationships or miscellaneous tasks. ItCon takes it all upon themselves, they dot all their i's and cross all their t's. Every person at ItCon is vigilant about not letting anything fall through the cracks. Our in-house IT staff has an amazing, transparent, working relationships with them and ItCon created the possibility to get everyone on the same page working as a team, to be as efficient and productive as possible. I am truly happy that I hired ItCon to be part of our team!

Joel Kestenbaum
Chief Operating Officer
ODA Primary Health Care Network



First-class corporate it and cybersecurity infrastructure

As the founder of Yes I Can Services in Brooklyn, New York, I know how important it is to have a solid foundation for sharing data and communication; and when your team is mostly 'virtual' - spread out across the country and Internationally - this becomes even more important. And given the fact that I've been spoiled by having first-class corporate IT and cybersecurity infrastructure, I wasn't about to settle for anything less than the best for keeping our mission-critical applications, data and communications working. That's why I feel so fortunate to have been introduced to ItCon. They have incorporated redundant systems with a dependable backup strategy which has guaranteed us constant up-time and easy access for my team to all of our network resources. I have referred ItCon to my colleagues and have received nothing but positive comments on their expertise, responsiveness and attention to providing top notch services."

Simcha Feller
Chief Executive Officer
Yes I Can

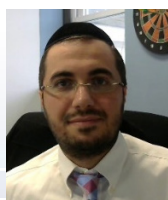


Case Studies

Itcon has taken the burden off my back!



When we were with our previous IT company, the executives in our company were misled into thinking that our network is being monitored properly and a simple local backup created should suffice. Until our network was hit by the well-known malware "ransomware". This malware paralyzed our entire operation for 10 full days. Even after we were back up and running, due to the lack of proper backup, our agency lost tremendous amount of data which we were not able to recover. So if anyone thinks that monitoring is really not needed, or backups are not as necessary, I can tell them first hand that sooner or later they will get hit. You have to be able to prevent the disease and have the cure handy as well. Thanks to ItCon and their Business Care program, the entire burden of computer support has been taken off my back, and I don't have to worry about security threats or downtime. Now we are getting regular Microsoft updates, virus updates, spyware is being scanned and removed, the temporary files are getting cleaned up, and our backups are being taken care of. It's really helped speed up our network, our programs run better, and we don't have the recurring problems that we had in the past. It's really rare to find an IT and Cybersecurity company that caters to Businesses like ours and get the support they provide. I'm very proud of what we've accomplished here and since ItCon has become part of our team, we have hired and branched out more. We never feel that any other client take priority over our company. Each Employee in ItCon has the support, knowledge and sophistication needed, yet manage to give that personal attention to each and every employee at our company. You would think Moshe, who is the CIO, doesn't have any other customers because he's always available never have imagined back when things were cruising along. Our business has grown so much since ItCon has come on board. I truly believe that ItCon helped us grow and helped us get and maintain the clients that we have. I think it's wonderful. Goodbye Problems, Hello Safety and Security!



Rachamim Hakakian
Director of Operations
Yedei Chesed

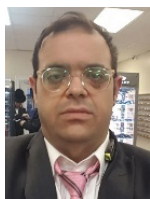


Case Studies

personalized, Professional, Responsive



From my experience working with other firms, ItCon's customer service sets them apart from their peers. ItCon's scalable solution allowed us to grow by more than 300% with no worries about IT and Security staffing, training or recruitment. I can count on their personalized, proactive and responsive service, whether it's at 2AM on a Sunday or a 2PM on a Wednesday. With ItCon always being there for us, I know my IT and Security needs are addressed no matter how big or small they are, and my company is functioning smoothly with a reliable team at its side.



Mordechai Binder
Chief Operating Officer
DAAS Wellness



Co-managed IT that works!

Before using ItCon we constantly got held up with IT frustrations and had to be constantly involved with the IT of our company. ItCon came in, gave us a detailed plan customized to all our needs and is working together with our in-house IT team to always be up to par. ItCon is true to their word and has great open communication through every step. This makes me feel confident that our IT department is productive and in great hands, which gives me peace of mind. When asked if a company should hire ItCon I have 3 words for them: JUST DO IT!

Joseph Deutsch
Chief Executive Officer
ODA Primary Health Care Network

